

Crystals and Gemstone Therapy

Our bodies are potentially infinite expressions of balance and harmony. We are multidimensional beings in a multidimensional reality and we all vibrate with the universal life force that scientists call quantum energy, Indians know as Prana and the Chinese call Chi.

When we are plagued by physical symptoms like pain it is the body's way of drawing our attention to an imbalance in the system. By the time the imbalance has progressed through the several layers of our subtle body and manifested itself in our physical reality it is essential that we respond to the call.

Where conventional medicine tends to treat just the physical symptom by masking it with medication, crystal and gem therapy goes straight to the point of origin. This is one of the principal reasons for its power and effectiveness.

The unique healing properties of gems and crystals have been recognized and used by wise people through the ages and today they even enjoy a respectable reputation in the modern physical world surrounding us. They are key components in our everyday lives. Crystals are used in watches, telephones, computers and televisions as well as in aspects of modern medicine that we take for granted, like laser therapy.

So what is it about these seemingly inanimate objects that makes them so special?

Crystals vibrate! So do we and so does everything around us, but crystals respond and interact with their environment in a unique way; they clear clogged energy fields and help to restore precious harmony.

Alternative healers agree that physical ailments have their genesis on the subtler plains of our existence. Luminaries in the field of energy medicine like Barbara Brennan and Richard Gerber, speak of painful events in our past causing us to shut down vital areas in our energy grid. The effect of this shutdown is an energy blockage that effects all the body's subtle layers until it finally manifests as a chronic headache, back pain or other physical symptom.

Crystals have the capacity to focus right in on the blockage applying compatible energy vibrations to the effected area and transforming it. Gem and crystal therapy operates from a holistic view of the world where the human being is a holographic representation of a universal macrocosm. Therapy will typically have a beneficial effect that not only treats the symptom but also addresses associated problems that have not yet manifested physically.

We live in a crystalline world. These structures surround us and live within us. Mitochondria, the tiny energy factories in each and every cell of our bodies, contain crystalline material. Crystals and the physical bodies we inhabit share a

biochemical character making communication between our own cellular wisdom and that of the crystal a natural and dramatically effective method for clearing away energetic debris and creating a healthful balance.

Crystals behave like a conduit for electromagnetic energy and because they vibrate with such a powerful and uncorrupt consistency, they are able to influence the energy around them so that equilibrium is restored.

Pain is often an emotional blockage in the energy field calling for attention. Holistic therapies like crystal therapy recognize this. Gems and crystals help to clear the offending blockage and revitalize the energy. They are the generous catalysts that make this transformation possible.

There are many different kinds of gems and crystals, each one with its own particular properties and each one perfectly suited to meeting the vibrational needs of particular aspects of the human energy field.

Many practitioners use the chakric system to guide them on which crystals to use and how. There are seven chakras to this system and these correspond with different layers of the etheric body.

Each of the seven chakras is associated with a different color and, like the layers of the etheric body, they are organized in ascending order of increasing subtlety.

Gem and crystal therapy can be successfully applied without the assistance of a qualified therapist, though this is always an added bonus. By choosing the appropriate gemstone or crystal and simply holding or wearing it you can begin to experience this remarkable healing intelligence.