

## **Personal Transformation**

IT IS SAID THAT PERSONAL TRANSFORMATION IS NOT A PROCESS OF ACCUMULATING MORE AND MORE KNOWLEDGE AND SKILLS BUT MORE A PROCESS OF LETTING GO, ONE BY ONE, OF THAT WHICH STANDS IN THE WAY OF WHAT IS ALWAYS AND ALREADY THERE.

ESSENTIAL OILS CAN BE REMARKABLY EFFECTIVE IN THIS PROCESS OF PEELING AWAY THE LAYERS OF EMOTIONAL BAGGAGE AND ILLUSION THAT LIE BETWEEN YOU AND WHAT IS REAL AND TRUE.

MANY PEOPLE BEGIN USING THE OILS TO REMEDY A PARTICULAR PHYSICAL SYMPTOM AND END UP GETTING MUCH MORE THAN THEY BARGAINED FOR. THEY END UP RECEIVING SOMETHING THAT THEY DID NOT NECESSARILY EVEN KNOW WAS LOST. THIS IS THE MAGICAL WAY THAT AROMATHERAPY WORKS. YOU ARE SELDOM GOING TO BE HEALED ON JUST ONE LEVEL, AS IF THAT WAS HOW YOU WERE MADE.

ESSENTIAL OILS NOT ONLY CLEAR AWAY OBSTACLES, THEY ALSO ACT AS SPIRITUAL CATALYSTS GENTLY BLOWING OPEN AREAS OF YOUR BEING THAT MAY HAVE BEEN CLOSED FOR LIFETIMES.

WHEN YOU CHOOSE TO TAKE THE ESSENTIAL OILS ALONG WITH YOU ON YOUR PATH TOWARDS SELF ACTUALIZATION IT IS MUCH LIKE HAVING YOUR OWN SHAMAN, YOUR OWN MERLIN, TO GUIDE YOU THROUGH TERRITORY THAT AT TIMES SEEMS NEW AND STRANGE. AND, LIKE ANY GOOD GUIDE OR TEACHER, THE OILS WILL LEAD YOU SLOWLY TOWARDS THE SOURCE OF YOUR OWN INNER GUIDANCE. FINALLY, YOU BECOME YOUR OWN SHAMAN.